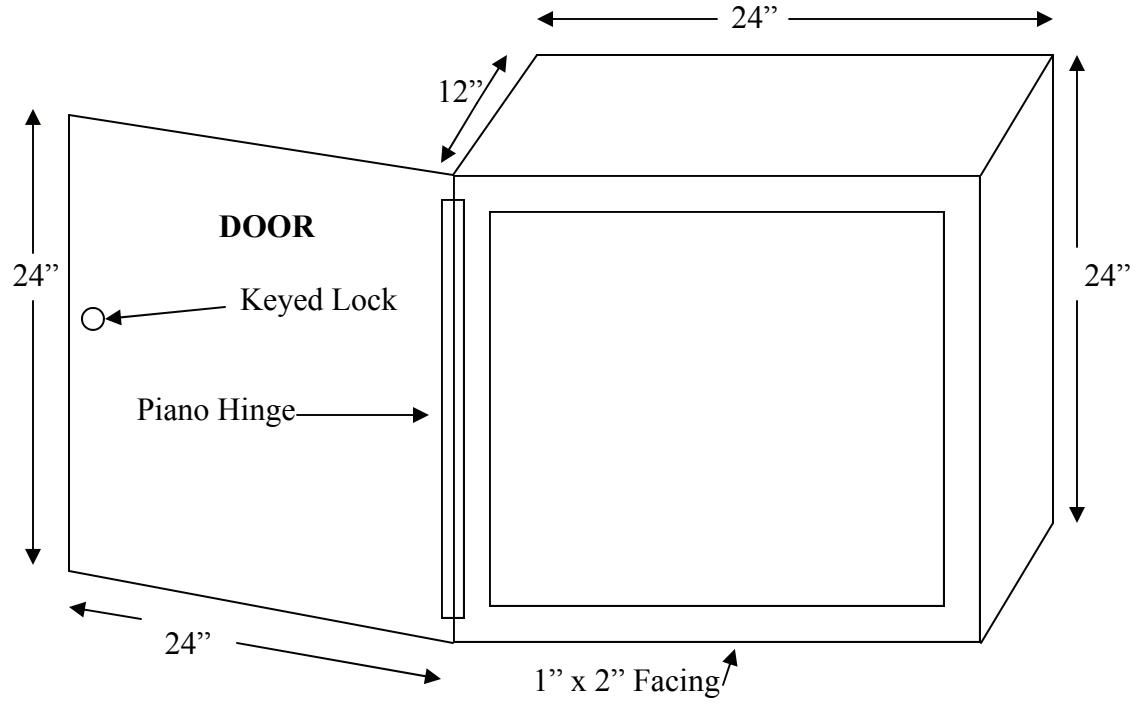
Medicine Cabinet Plans and List of Contents

These are shipped to many countries by Midwest Mission Distribution Center

Each medicine cabinet is to be constructed according to the dimensions shown below (24” square x 12” deep, to be attached to a wall) using 3/4” plywood (good on both sides) for the box, back and door. Two adjustable shelves of 1/2” plywood should be made. The box will need holes made 1” apart for shelf supports, that may be moved up or down as needed. Finish the cabinet with 2 to 3 coats of polyurethane varnish.



Midwest Mission Distribution Center

A Caring Ministry Related to the IGRC and the North Central Jurisdiction of the United Methodist Church

P.O. Box 56 1022 New City Road

Chatham, IL 62629

217-483-7911 www.midwestmissiondc.com

FINISHED SIZE

24” x 24” x 12” deep (including the door thickness)

Medicine Cabinet Contents

Contents *may* be sent WITHOUT a cabinet to be sent as a "Refill Kit."

PLEASE check for EXPIRATION DATES on all items you purchase (even peroxide and petroleum jelly!) and purchase the ones as far out in the future as possible (1 year minimum!)

___ 3 Thermometers
___ 1 Cloth Arm Sling
___ 2 large OR 4 small bags Cotton Balls
___ 4 boxes Adhesive bandages, assorted sizes (like Band-aids)
___ 5 rolls Gauze, assorted sizes
___ 3 boxes Cotton Swabs (like Q-tips) (total number 900-1,000)
___ 1 tube Tooth Ache Pain gel (like Orajel) OR 1 bottle Clove Oil
___ 2 pair Tweezers
___ 1 pair Scissors
___ 2 packages Sewing Needles (assorted sizes)
___ 2 jars Petroleum Jelly (like Vaseline)
___ 4 tubes Triple Antibiotic Ointment (like Neosporin)
___ 3 bottles Calamine Lotion
___ 1 package/box (50) rubber (or laytex) disposable Medical Exam Gloves
___ 6 bars Anti-bacterial Soap (like Dial)
___ 1 bottle (7.5 oz.) Anti-bacterial Hand Soap
___ 2 boxes Butterfly Closure Band-aids
___ 3 rolls 1" paper or plastic Medical Tape
___ 2 rolls 1" adhesive or cloth Medical Tape
___ 2 rolls 1/2" paper or plastic Medical Tape
___ 3 rolls 1/2" adhesive or cloth Medical Tape
___ 2 bottles Hydrogen Peroxide
___ 1 box Tongue Depressors
___ 1 3" or 4" Elastic Bandage (Ace type, sealed and new)
___ 4 plastic bottles Rubbing Alcohol
___ 2 bottles Adult Acetaminophen (like Tylenol, total 400-500 tablets)
___ 2 bottles Adult Aspirin (total 400-500 tablets)
___ 1 bottle Adult Ibuprofen (like Motrin, total 100-250 tablets)
___ 3 bottles Children's Chewable Acetaminophen (like Tylenol, total 150-300 tablets)
___ 1 bottle LIQUID Children's Acetaminophen (like Tylenol)
___ 4 bottles Children's Aspirin (total 144-200 tablets)

distributed through

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